Kathrin Delutis | August, 2016

Born in London, Ontario, Kathrin Delutis calls Kitchener home these days.

Currently a National First Aid Master Instructor Trainer, Kathrin has worn many hats for the Canadian Red Cross over the years – including that of a Water Safety Instructor, a WS and FA Instructor Trainer, an Ontario FA Master Instructor Trainer, and more.

“I have often been involved with the development of a variety of programs including the PeopleSavers Course, and the FAIT and FAMIT leadership programs. As a Master Instructor Trainer, I am part of a group of dedicated leadership volunteers who train Instructor Trainers and provide advice and support to all levels of the Instructor Development Program to the Red Cross First Aid Programs.”

Kathrin’s primary role is to further develop Canadian Red Cross Instructor Trainer candidates, and to assist them when it comes to increasing and improving their ability to teach and facilitate. By using her personal experience with Red Cross Instructor Trainer candidates, Kathrin further develops and mentors a multitude of dynamic Instructor Trainers who support the Red Cross First Aid Program.

“I started volunteering with the Canadian Red Cross 34 years ago as a First Aid Instructor for the London Branch. As a FAMIT, I now travel across the country training candidates and facilitate between two and three courses a year.”

Initially, when the journey began for Kathrin, she saw it as an opportunity to become more comfortable with her first aid skills. She began by taking her First Aid Instructor course, and then started to co-teach and volunteer with a number of skilled and knowledgeable Red Cross FA Instructors.

“Becoming an Instructor and a volunteer forced me to hone my skills, both in First Aid and in a leadership role. I quickly discovered that beyond teaching others first aid – as a necessary life skill – I really enjoyed teaching others how to teach. Of course, over the years volunteering has given me added confidence and self-esteem – and has built my expertise and my career. It’s fun! I love the people, the staff, the other volunteers, and all the folks who attend my courses.”

Kathrin’s most valuable takeaway, she says, is in what she gains from giving back. And giving is something that Kathrin Delutis is clearly very proficient at.

The Canadian Red Cross would like to thank Kathrin Delutis for the time she has so graciously given, and for the First Aid knowledge she has so expertly been able to pass on to others.