

## Skills Summaries

### Using a Bag-Valve-Mask (BVM) Resuscitator for Ventilations



- 1** Select and insert correct size of OPA, if applicable.



- 2** Responder 1: assemble correct size of BVM.



- 3** Responder 1: attach BVM (adult, child, or baby) to supplemental oxygen.



- 4** Responder 1: position mask, then open airway and seal mask:
- Place thumbs on each side of mask.
  - Place fingers of both hands along jawbone.
  - Open airway using head-tilt/chin-lift (or jaw thrust if head and/or spine injury is suspected); for a baby, place padding under shoulders prior to opening airway.
  - Apply downward pressure with thumbs while lifting jaw upward with fingers.



- 5** Responder 2: begin ventilations:
- Squeeze bag smoothly just until chest starts to rise.
  - Give 1 ventilation every 5–6 seconds (1 every 3–5 seconds for a child or baby).
  - Watch chest to see if air is going in.
  - Recheck pulse and breathing after 2 minutes and every few minutes thereafter.

