Perform a scene survey.

Determine unresponsiveness.

Open Airway

Check Breathing and Circulation for a maximum of 5 to 10 seconds

Start chest compressions (30 compressions).

Open patient’s airway and give 1 ventilation.

If air does not go in, reposition head and attempt to ventilate again. If air still does not go in, repeat cycle of 30 compressions.

Look in mouth for an object (using a tongue-jaw lift); remove object if seen.

Attempt to ventilate.

If air does not go in, continue CPR sequence of 30 compressions and 2 ventilations. If first ventilation is successful, give another ventilation.

Check pulse. If there is no pulse, follow CPR sequence.

If there is a pulse, follow rescue breathing sequence.

If there is any change in patient’s condition, stop CPR and check ABCs.