

# Skills Summaries

## Unconscious, Choking Adult, Child, or Baby



- 1** Perform a scene survey.
- 2** Determine unresponsiveness.
- 3** Open Airway
- 4** Check Breathing and Circulation for a maximum of 5 to 10 seconds



- 5** Start chest compressions (30 compressions).

- 6** Open patient's airway and give 1 ventilation.
- 7** If air does not go in, reposition head and attempt to ventilate again. If air still does not go in, repeat cycle of 30 compressions.

- 8** Look in mouth for an object (using a tongue-jaw lift); remove object if seen.



- 9** Attempt to ventilate.
- 10** If air does not go in, continue CPR sequence of 30 compressions and 2 ventilations. If first ventilation is successful, give another ventilation.
- 11** Check pulse. If there is no pulse, follow CPR sequence.
- 12** If there is a pulse, follow rescue breathing sequence.
- 13** If there is any change in patient's condition, stop CPR and check ABCs.

