

Skills Summaries Two-Rescuer CPR



- 1** Perform a scene survey.
- 2** Determine unresponsiveness.
- 3** Responder 1: open Airway and check Breathing and Circulation for a maximum of 5 to 10 seconds.



- 4** Responder 1: place hands in appropriate position for chest compressions. Responder 2: prepare AED and barrier device/BVM with supplemental oxygen.



- 5** Responder 1: give 30 compressions (at a rate of at least 100/minute).



- 6** Responder 2: maintain airway, then position and seal mask. Responder 1: give 2 ventilations (each lasting 1 second) until chest starts to rise.
- 7** Repeat cycle of compressions and ventilations (at a rate of 30/2 for an adult or 15/2 for a child or baby). Responder at head periodically checks for effectiveness of compressions by feeling for carotid pulse.

- 8** Responders switch roles between cycles. Continue CPR until AED can be applied, more advanced care takes over, or local protocol dictates otherwise.
- 9** Follow AED's prompts and prepare for transport.
- 10** If there is any change in patient's condition, stop CPR and check ABCs.

