

## Skills Summaries

### Rolling a Patient onto a Backboard: From a Semi-Prone Position



**1** Establish a plan with other responders and work as a team.

**2** Responder 1: maintain manual in-line stabilization of patient's head and neck throughout procedure, being careful not to roll patient onto her face.



**3** Examine patient's back.

**4** Responders 2 and 3: kneel beside patient and place backboard behind patient.

**5** Responder 2: grasp patient's top shoulder and hip to control patient.  
Responder 3: grasp patient's top hip and knee to control patient.

**6** Responder 1: give pre-arranged command to roll patient as one unit onto backboard.



**7** Responders roll patient as one unit onto backboard.



**8** Apply cervical collar.



**9** Secure patient in centre of backboard.

## Skills Summaries

### Rolling a Patient onto a Backboard: From a Supine Position



**1** Establish a plan with other responders and work as a team.



**2** Apply cervical collar, when appropriate.

**3** Responder 1: maintain manual in-line stabilization of patient's head and neck throughout procedure.



**4** Responders 2 and 3: place backboard beside patient and kneel on other side of patient.



**5** Responder 2: grasp patient's far shoulder and hip to control patient. Responder 3: grasp patient's far hip and knee to control patient.

**6** Responder 1: give a pre-arranged command to roll patient. Responders roll patient as one unit onto patient's side.

**7** Responder 2: examine patient's back while keeping one hand on patient's shoulder and supporting patient against thighs.



**8** Responders 2 and 3: position backboard against patient.

**9** Responder 1: give pre-arranged command to roll patient as one unit onto backboard.

**10** Responders roll patient as one unit onto backboard. Secure patient in centre of backboard.

## Skills Summaries

### Rolling a Patient onto a Backboard: From a Prone Position



**1** Establish a plan with other responders and work as a team.



**2** Responder 1: maintain manual in-line stabilization of patient's head and neck throughout procedure.

**3** Responder 2: examine patient's back.

**4** Responders 2 and 3: kneel beside patient and place backboard between patient and themselves.



**5** Responder 2: grasp patient's far shoulder and hip to control patient.  
Responder 3: grasp patient's far hip and knee to control patient.

**6** Responder 1: give a pre-arranged command to roll patient. Responders roll patient as one unit onto patient's side.

**7** Responder 3: position backboard against patient.



**8** Responder 1: give command to roll patient as one unit onto backboard.

**9** Responders roll patient as one unit onto backboard. If possible, apply cervical collar.

**10** Secure patient in centre of backboard.