

Skills Summaries

Insertion of a Nasopharyngeal Airway



- 1** Determine appropriate use for NPA (i.e., recognizing contraindications).
- 2** Measure distance of insertion (tip of nose to earlobe), ensuring diameter of airway is not larger than nostril.



- 3** Lubricate airway with a water-soluble lubricant.



- 4** Insert airway into right nostril with bevel toward septum.



- 5** Advance airway straight in, not upward, until flange rests on nose; if there is any resistance, insert into left nostril.

