

## Become a volunteer

There are so many ways to help – either virtually or in person – while also enhancing your transferable skills such as collaboration, community engagement, organizational and communications skills.

Opportunities range from responding to large- or smaller-scale disasters, supporting the emotional needs of those experiencing crisis or disaster, delivering presentations, providing administrative assistance, or doing community outreach.

For more information about opportunities, visit: [redcross.ca/volunteer](http://redcross.ca/volunteer).

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*The Canadian Red Cross is a non-profit organization and a member of the International Red Cross and Red Crescent movement.*

*The movement includes the International Committee of the Red Cross, 192 national societies and the International Federation of the Red Cross and Red Crescent.*

## Connect with us:

**Web:** [redcross.ca/saskatchewan](http://redcross.ca/saskatchewan)

**Twitter:** @RedCrossSK

**Facebook:** [facebook.com/canadianredcross](https://facebook.com/canadianredcross)

## Emergency Contact 1(888) 800-6493

### Personal Disaster Assistance

For those affected by personal disasters such as a house fire, the Canadian Red Cross may provide food, shelter, clothing and essential supplies for up to 72 hours.



## Contact Us

### Regina

2050 Cornwall St  
Regina, SK  
S4P 2K5  
(306) 721-1600

### Prince Albert

54 11th St E  
Prince Albert, SK  
S6V 0X9  
(306) 765-2600

### Saskatoon

443 2nd Ave N  
Saskatoon, SK  
S7K 2C1  
(306) 668-0720



# Be Ready Saskatchewan



## WHAT IS A PERSONAL DISASTER

Personal disasters typically affect one household. House fires are one of the most common examples. The Canadian Red Cross wants you and your family to be prepared.



### 2 out of 3

Canadians say they have not taken steps to prepare in the event of a disaster.

In Saskatchewan, there are about

**1,000** house fires each year.

## Major causes of house fires in Canada are:



Cooking



Heating equipment related fires



Arson/set fires



Electrical



Smoking



Candles



Clothes dryer, lighting and other equipment



Child fireplay

## KEEP YOUR FAMILY SAFE



### Know The Risks:

1. Keep flammable items away from heat sources
2. Never leave candles or stoves unattended
3. Talk to your children about the dangers of fire



### Make a Plan:

1. Make sure everyone can locate your emergency kit and water supply
2. Establish a safe place for everyone to meet
3. Include a plan for evacuating your pets
4. Practice the evacuation plan frequently



### Get a Kit:

1. This kit contains basic items your household may need in an emergency situation
2. It should be able to sustain you and your family for 72 hours
3. Key items: water, non-perishable food, first aid kit, cash, keys and important family documents

For more information about preparing for emergencies, visit:  
**[redcross.ca/Ready](http://redcross.ca/Ready)**

## THE CANADIAN RED CROSS IS HERE TO HELP

If you've been affected by a personal disaster, like a house fire, please call our **Saskatchewan emergency line:**  
**1-888-800-6493**



The Canadian Red Cross provides services including emergency lodging, food and clothing.



All Canadian Red Cross assistance is provided free of charge to anyone who needs it.



Our Canada-wide network of trained volunteers is ready to respond 24 hours a day, 7 days a week.



We build relationships with local government and make sure we have supplies nearby.



The Canadian Red Cross created an easy-to-follow Fire Recovery Guide to give advice to anyone who needs it.