

Dear Recipient,

On behalf of Health Canada, we are pleased to provide you with a rapid antigen test kit to support at home testing for COVID-19. This test kit has been provided to you from Health Canada for your personal use and should not be resold, redistributed, or used to conduct testing on others in a formal setting.

Thank you for contributing to helping Canada stay safe and stopping the spread of COVID-19. Rapid testing is critical to reducing transmission and our collective risk!

This information sheet includes important reminders about using the rapid test. Please reference the comprehensive instructions in the test kit.

Important

If you have COVID-19 or COVID-19 like symptoms, or have been in contact with someone with COVID-19, do not rely on these tests alone. Please follow local public health guidelines if you have symptoms of COVID-19.

This test is for individuals ages 2 and up*

If you are 15 or older

you can self collect with the swabs

For those ages 2 to 14

an adult in the household should collect and process the sample

* If you are not the parent or guardian of the minor you are performing the test on, please ensure you obtain permission.

When you need or want to use a test consider the following

Read the written instructions in your test kit carefully and fully before starting the procedure.

These tests do not replace other precautions against COVID-19. It is important to continue getting vaccinated, screening yourself for COVID-19 symptoms, physical distancing, masking, and hand washing or sanitizing.

General Information

- Keep testing kit and kit components out of the reach of children and pets before and after use.
- Keep the testing components together and sealed (in particular, the test strips) until immediate use.
- It is worthwhile to test vaccinated individuals when there is spread of COVID-19 in your community.

After you have taken the test



Negative (no symptoms)

If you test negative results should be treated as presumptive, **but do not rule out a COVID-19 infection** and so are always advised to follow relevant public health measures and follow the instructions that come with the test.



Negative (with symptoms)

If you test negative and continue to experience COVID-19 like symptoms seek follow up care with your physician or healthcare provider.



Positive

If you test positive you should self-isolate, follow local health guidance and seek follow-up care with your physician or healthcare provider.

