



## HELP Locations - Northern BC & Yukon Region

These volunteer-operated sites are normally open at the posted hours except on statutory holidays and long weekends.

Location	Contact	Hours of Operation
<b>Dawson Creek</b> Dawson Creek & District Hospital 3 <sup>rd</sup> Floor, 11100-13 <sup>th</sup> Ave Dawson Creek, BC V1G 3W8 <a href="#">Map &amp; driving directions»</a>	T: 250-784-7393 F: 250-784-7365	Wed, Fri 10:00 am - 12:00 pm
<b>Fort Nelson</b> Fort Nelson General Hospital 5315 Liard St Fort Nelson, BC V0C 1R0 <a href="#">Map &amp; driving directions»</a>	T: 250-774-8111 F: 250-774-8110	Thurs 1:00 pm – 3:00 pm
<b>Fort St. John</b> 9614 Sikanni Rd Fort St John, BC V1J 4V1 <a href="#">Map &amp; driving directions»</a>	T: 250-262-0083 F: 250-262-0190	Tues, Thurs 10:00 am - 2:00 pm Fri 10:00 am – 1:00 pm
<b>Kitimat</b> Kitimat General Hospital 920 Lahakas Blvd N Kitimat, BC V8C 2S3 <a href="#">Map &amp; driving directions»</a>	T: 250-632-8698 F: 250-632-8695	Wed 1:00pm - 3:00pm Sat 1:30pm - 3:30pm
<b>Mackenzie</b> CLOSED	Please call Prince George for service: 250-564- 6566	

<p><b>Prince George</b> 1399 6<sup>th</sup> Ave Prince George, BC V2L 5L6 <a href="#">Map &amp; driving directions»</a></p>	<p>T: 250-564-6566 F: 250-564-6577</p>	<p>Mon-Fri 8:30 am-4:30 pm</p>
<p><b>Prince Rupert</b> Prince Rupert Regional Hospital 1305 Summit Ave, A Floor Prince Rupert, BC V8J 2A6 <a href="#">Map &amp; driving directions»</a></p>	<p>T: 250-622-6240 F: 250-622-6153</p>	<p>Thurs 11:00 am - 3:00 pm</p>
<p><b>Quesnel</b> GR Baker Hospital 543 Front St Quesnel, BC V2J 2K7 <a href="#">Map &amp; driving directions»</a></p>	<p>T: 250-991-7565 F: 250-983-6843</p>	<p>Mon, Thurs, Fri 9:30 am – 1:30 pm</p>
<p><b>Smithers</b> #102 - 3790 Alfred Ave. Smithers, BC V0J 2N0 <a href="#">Map &amp; driving directions»</a></p>	<p>T: 250-847-3660 F: 250-847-4146</p>	<p>Wed, Fri 10:00 am - 12:30 pm</p>
<p><b>Terrace</b> #124-4720 Lazelle Ave, Terrace, BC V8G 1T2 <a href="#">Map &amp; driving directions»</a></p>	<p>T: 250-635-2623 F: 250-635-3045</p>	<p>Tues, Fri 10:00 am - 2:00 pm Wed, Thurs 12:00 pm - 2:00 pm</p>
<p><b>Williams Lake</b> Deni House, Cariboo Memorial Hospital 517 North 6th Avenue Williams Lake, BC V2G 2G8 <a href="#">Map &amp; driving directions»</a></p>	<p>T: 250-398-6803 F: 250-398-6843</p>	<p>Tues, Thurs, Fri 10:00 am - 1:00 pm</p>
<p><b>Whitehorse</b> 133 D Industrial Road Whitehorse, YK Y1A 2V2 <a href="#">Map and driving directions»</a></p>	<p>T: 867-456-7359 F: 867-456-7024</p>	<p>Wed, Fri 1:00 pm - 4:00 pm</p>

