



HELP Locations - Northern BC & Yukon Region

These volunteer-operated sites are normally open at the posted hours except on statutory holidays and long weekends.

Location	Contact	Hours of Operation
Dawson Creek Dawson Creek & District Hospital 3 rd Floor, 11100-13 th Ave Dawson Creek, BC V1G 3W8 Map & driving directions»	T: 250-784-7393 F: 250-784-7365	W/F 10:00 am - 12:00 pm
Fort Nelson Fort Nelson General Hospital 5315 Liard St Fort Nelson, BC V0C 1R0 Map & driving directions»	T: 250-774-8111 F: 250-774-8110	Thur 1:00 pm - 3:00 pm
Fort St. John 9614 Sikanni Rd Fort St John, BC V1J 4V1 Map & driving directions»	T: 250-262-0083 F: 250-262-0190	Tu/Th 10:00 am - 2:00 pm Fri 10:00 am – 1:00 pm
Kitimat Kitimat General Hospital 920 Lahakas Blvd N Kitimat, BC V8C 2S3 Map & driving directions»	T: 250-632-8331 F: 250-632-8697	Temporarily closed. Please visit our Terrace location.
Mackenzie CLOSED	Please call Prince George for service: 250-564- 6566	

<p>Prince George 1399 6th Ave Prince George, BC V2L 5L6 Map & driving directions»</p>	<p>T: 250-564-6566 F: 250-564-6577</p>	<p>M-F 8:30 am-4:30 pm</p>
<p>Prince Rupert Prince Rupert Regional Hospital 1305 Summit Ave, A Floor Prince Rupert, BC V8J 2W8 Map & driving directions»</p>	<p>T: 250-622-6240 F: 250-622-6153</p>	<p>Thur 11:00 am - 3:00 pm</p>
<p>Quesnel GR Baker Hospital 543 Front St Quesnel, BC V2J 2K7 Map & driving directions»</p>	<p>T: 250-991-7565 F: 250-991-7584</p>	<p>M-F 9:30 am - 1:30 pm</p>
<p>Smithers #102 - 3790 Alfred Ave. Smithers, BC V0J 2N0 Map & driving directions»</p>	<p>T: 250-847-3660 F: 250-847-4146</p>	<p>Wed/Fri 10:00 am - 12:30 pm</p>
<p>Terrace #124-4720 Lazelle Ave, Terrace, BC V8G 1T2 Map & driving directions»</p>	<p>T: 250-635-2623 F: 250-635-3045</p>	<p>Tue 10:00 am - 2:00 pm Wed/Thur 12:00 pm - 2:00 pm Fri 10:00 am - 2:00 pm*</p> <p><i>*We will be closed, temporarily, on Fridays beginning January 22nd, 2021.</i></p>
<p>Williams Lake Deni House 517 North 6th Avenue Williams Lake, BC V2G 2G8 Map & driving directions»</p>	<p>T: 250-398-6803 F: 250-398-6843</p>	<p>Tue/Thur/Fri 10:00 am - 1:00 pm</p>

Whitehorse

133 D Industrial Road
Whitehorse, YK Y1A 2V2

[Map and driving directions»](#)

T: 867-456-7359

F: 867-456-7024

W/F

1:00 pm - 4:00 pm