

Bath/Shower Chair (and Stool)

These instructions are guidelines only. Use only as instructed by your healthcare provider.

What are Bath/Shower Chairs Used For?

Bath and shower chairs are used by individuals who find it difficult or unsafe to sit in a bathtub or stand in a shower. Bath/shower chairs are not to be used for assistance in entering and exiting a bathtub. Bath stools are backless chairs.

How Do I Adjust and Install the Bath/Shower Chair?

- Adjust the leg extensions to a height that is easy to sit down and stand up from. To make adjustments, depress the spring button in a leg extension and slide the leg up or down to the desired height. Adjust all four legs to the same height (Figure 1).
- Place the bath/shower chair in the bath tub or shower. Ensure that all four legs of the chair are in contact with the floor (Figure 2).
- The bath/shower chair may have a cutout at the front in which you can place a hand-held shower head.

WARNING If adjustable, ensure that the spring buttons protrude fully through the adjustment holes of the leg frames.

WARNING Only use the bath/shower chair on tub and shower floors that are wide enough to ensure stability of all four legs.



Figure 1:
Adjustment areas on
legs

How Do I Use the Bath/Shower Chair?

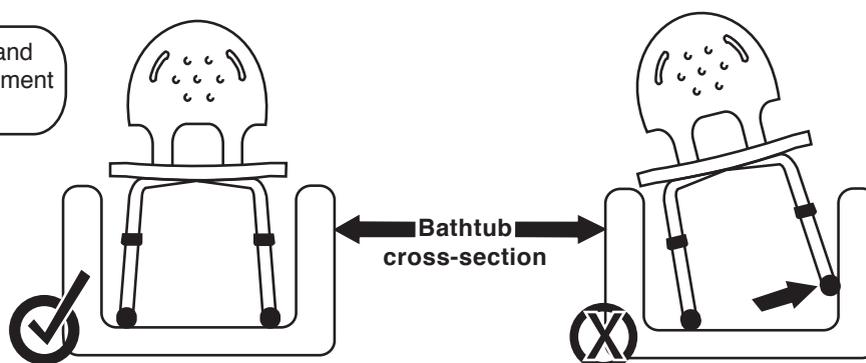
WARNING To increase safety, use a slip resistant bath mat when using the bath/shower chair.

WARNING Supervision or assistance when using the bath/shower chair is recommended for users with limited mobility.

WARNING Test for stability before use. Make sure all four legs are adjusted evenly and securely and are free of any obstructions.

WARNING Ensure your weight is evenly distributed when sitting on the bath/shower chair. Improper or uneven loading may result in the chair tipping over.

Figure 2: Correct and
incorrect chair placement
in bathtub



How Do I Care for the Bath/Shower Chair?

- Wash the bath/shower chair with mild soapy water. Avoid using abrasive cleaners.



Please ensure that equipment returned to the Red Cross is clean and in good condition.