



# Healthy Youth Relationships

Prevention Educator Partner

Preventing Relationship Violence

## Who

School Personnel and Professionals

## The program

*Healthy Youth Relationships* (HYR) explores healthy and unhealthy peer romantic relationships, focusing on awareness, communication and prevention strategies.

## Partnership Training:

This comprehensive training for adults consists of one online course and a one-day workshop:

- *Healthy Youth Relationships* Online course explores the dynamics of healthy relationships, the warning signs of unhealthy relationships, forms of assault and ecological framework for relationship violence. Prevention and intervention strategies are also shared as well as current law and the ramifications of relationship violence. This interactive online workshop is approximately four hours.
- *One-day Classroom Session Content*  
Participants attend a one-day training workshop which will include; an extensive examination of the HYR teaching modules, review of activities and support materials, and a practice presentation. Each participant will be provided a toolkit that includes: Healthy Youth Relationships curriculum and support materials, DVDs, CD with PowerPoint presentation, and pamphlets to be printed for the students.

Successful participants are then certified to deliver *Healthy Youth Relationships* presentations to youth.

## Healthy Youth Relationships Presentation:

Prevention Educators will deliver an eight module presentation that empowers young people to identify:

- Healthy dating relationships and supporting behaviours;
- What makes a relationship abusive;
- Sexual harassment and inappropriate sexual behaviour;
- Legal definitions and ramifications of assault;
- Consent, protection and reporting procedures;
- Support agencies and community resources.