

CURRICULUM COMPARISON

THE ONTARIO CURRICULUM	BEYOND THE HURT (BTH)
HEALTH AND PHYSICAL EDUCATION	
Healthy Living Strand Grade 7	BTH Grade 7
<ul style="list-style-type: none"> Describe the benefits and dangers associated with computers and other technologies Assess the impact of bullying or harassment, identify ways of preventing or resolving it Use effective communication skills to deal with various relationships and situations 	<ul style="list-style-type: none"> BTH assists in understanding potential dangers that are connected to the use of the internet and other technologies including cyber bullying BTH examines the impact of the different types of bullying and harassment through the use of hands on activities, videos and discussions which in turn helps youth to understand ways to prevent and resolve it BTH identifies how various communication skills assist youth when handling relationships in a peer or adult context
Healthy Living Strand Grade 8	BTH Grade 8
<ul style="list-style-type: none"> Identify and assess situations that could lead to injury or death, how to reduce the risk and avoid dangerous situations Analyse the impact of violent behaviours on the target, perpetrator and bystander and describe the role of support services in preventing violence 	<ul style="list-style-type: none"> BTH assists in understanding potential dangers related to bullying and harassment and the use of personal prevention and avoidance strategies BTH examines the variables that influence the impact of bullying and harassment from the perspectives of the person being targeted, the perpetrator and the bystander. Review of the different types of support in preventing violence from the individual, family, community and societal levels
Healthy Living Strand Grade 9	BTH Grade 9
<ul style="list-style-type: none"> Describe the causes, specific types of physical and non-physical abuse and its impact on victims Describe solutions and strategies to address violence and how schools and communities are involved in preventing and ending violence in young peoples' lives 	<ul style="list-style-type: none"> BTH explains the factors that contribute to the misuse of power, describes the four main types of bullying, specific types of harassment and how these impact others BTH examines healthy responses to the violence surrounding bullying and harassment and in the quest to end violence, empowers students to help themselves or others via support from schools and community agencies
Living Skills Strand Grade 9	BTH Grade 9
<ul style="list-style-type: none"> Demonstrate understanding of the triggers of conflict and the use of assertiveness techniques to avoid escalating conflict Contribute to the success of the group through the use of verbal and non-verbal strategies including the mentoring of others 	<ul style="list-style-type: none"> BTH explains some of the underlying causes of bullying and harassment and the use of assertiveness and other techniques to avoid the escalation that can be a part of these incidents BTH Youth Facilitator Training offers youth the opportunity to develop enhanced communication skills through the use of mentoring strategies with peers

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HEALTH AND PHYSICAL EDUCATION cont'd			
Living Skills Strand Grade 10		BTH Grade 10	
<ul style="list-style-type: none"> Describe different styles of handling conflict, their effectiveness in different situations and the impact of non-verbal and verbal responses Describe their own contribution to the effectiveness within a group including behaviours that are respectful of others 		<ul style="list-style-type: none"> BTH identifies the various strategies that can be utilized to handle the escalating conflict that can contribute to bullying and harassment incidents and the impact of using verbal and non-verbal responses BTH Youth Facilitator Training educates youth on how to work as a team in preparing for and facilitating bullying and harassment workshops for peers, younger students and other community members 	
SOCIAL SCIENCES & THE HUMANITIES			
Grade 9 or 10		BTH Grade 9 or 10	
<ul style="list-style-type: none"> Demonstrate effective and appropriate speaking and listening skills for a variety of situations including small groups Demonstrate appropriate responses to harassing or abusive behaviour 		<ul style="list-style-type: none"> BTH Youth Facilitator Training prepares youth to speak to peers, younger students and other community members on bullying and harassment issues BTH explores potential responses to harassing or abusive behaviour 	
HEALTH AND PHYSICAL EDUCATION			
Healthy Living Strand Grade 11		BTH Grade 11	
<ul style="list-style-type: none"> Describe different types of violence 		<ul style="list-style-type: none"> BTH identifies specific types of violence involved in bullying and harassment that can take the form of emotional abuse, physical and sexual assault and cyber bullying 	
Living Skills Strand Grade 11		BTH Grade 11	
<ul style="list-style-type: none"> Evaluate group effectiveness, strategies for giving constructive feedback to others and their contribution to positive peer relationships 		<ul style="list-style-type: none"> BTH Youth Facilitator Training empowers youth to deliver positive, team influenced presentations to peers, younger youth and other community members 	
Healthy Living Strand Grade 12		BTH Grade 12	
<ul style="list-style-type: none"> Describe the possible effects of violence on those who are exposed to it Demonstrate an ability to use skills and strategies to deal with threats to personal safety and safety of others Identify sources of support 		<ul style="list-style-type: none"> BTH examines the etiology of violence, the role of media and technology and the impacts on those who are exposed to it. BTH assists youth to recognize the different types of bullying and harassment and strategies to deal with threats to personal safety of self and others BTH describes sources of support including peer, school and community 	

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HEALTH AND PHYSICAL EDUCATION cont'd			
Living Skills Strand Grade 12		BTH Grade 12	
<ul style="list-style-type: none"> Demonstrate an ability to work effectively with groups from different cultures and to use strategies to overcome barriers in functioning effectively as a group 		<ul style="list-style-type: none"> BTH Youth Facilitator Training explores the components of healthy cross cultural communication and the appropriate responses to overcoming barriers as a team 	
SOCIAL SCIENCES & THE HUMANITIES			
Grade 11 or 12		BTH Grade 11 or 12	
<ul style="list-style-type: none"> Identify the components of verbal and non-verbal communication and techniques including active listening skills for effective communication with others Describe examples of the three basic styles of communication: passive, aggressive and assertive Demonstrate an understanding of how to deal with conflict and strategies for coping with issues relating to personal safety Demonstrate an understanding of the importance of developing rapport and use of empathy when interacting with others 		<ul style="list-style-type: none"> BTH offers youth the opportunity to understand bullying and harassment issues that can stem from verbal and non-verbal communication from the perspective of a participant and as a trained BTH Youth Facilitator BTH describes the three basic styles of communication through hands on activities, discussions and role-playing BTH explains how to handle escalating bullying or harassment incidents and offers strategies for coping with threats to personal safety BTH creates the opportunity as a trained BTH Youth Facilitator to engage peers, younger youth and other community members in a positive dialogue about the issues surrounding bullying and harassment 	