

Babysitter's Checklist

Important Contact Information

Emergency Number

911 or

Doctor

.....

Poison Control

.....

Neighbour
(Name & Phone)

.....
.....

Address here

.....
.....

Phone here

.....

Mother's phone

.....

Father's phone

.....

Parents home at

.....o'clock AM PM

Child/Children Information

Child's full name.....

Nickname..... Age.....

Allergies.....

Special medical conditions.....

Bedtime(s)..... Naps.....

Feeding.....

Special instructions/Rules.....

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Child's full name.....

Nickname..... Age.....

Allergies.....

Special medical conditions.....

Bedtime(s)..... Naps.....

Feeding.....

Special instructions/Rules.....

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**Know Where the Following
Are Located:**

First aid supplies

Fire extinguisher

All exits/Fire escapes

Dangerous cleaners/Pills

Forbidden/Hazardous areas

Phone and phone book