



**CANADIAN
RED CROSS**

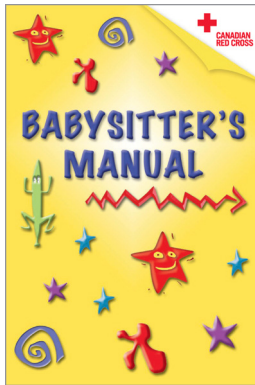
Canadian Red Cross Babysitting Course

Packing your babysitting kit

**Be ready for action, fun and safety
when you head to your babysitting jobs.**

**With the right kit you can entertain and protect the
children you look after, while having fun at your job.**

**The Canadian Red
Cross recommends
you pack these items
in your babysitting
backpack:**



- The Canadian Red Cross Babysitter's Manual
- Pen/pencil
- A Canadian Red Cross First Aid Kit or First Aid supplies (e.g. band aids, disposable gloves, gauze, tape)
- Flashlight with batteries
- Diaper/hand wipes
- Antiseptic hand cleanser
- Age appropriate books or DVDs
- Age appropriate music or audio books
- Age appropriate toys/games
- Arts and crafts supplies
- Crayons and construction paper
- Children's activity books
- Cell phone (if your family has one)
- Knapsack or book bag to hold the supplies



For information about Red Cross training visit

redcross.ca/firstaid and redcross.ca/swim

or call us at **1.877.356.3226**

Get involved! See all the Red Cross programs for youth at

redcrossyouth.ca and follow us on:

