Skills Summaries Conscious, Choking Adult or Child









1 Perform a scene survey.

2 Determine patient is choking and tell patient you are here to help.



Position self and support patient for back blows.



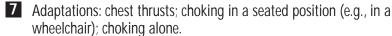
4 Give 5 firm back blows.



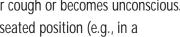
5 Position self for abdominal thrusts and give 5 abdominal thrusts.



6 Repeat cycle of back blows and abdominal thrusts until object is dislodged or patient begins to breathe or cough or becomes unconscious.







Conscious, Choking Baby







- 1 Perform a scene survey.
- 2 Determine baby is choking. Position self low to the ground and support baby's head and neck.



- 3 Turn baby face down (head lower than body).
- 4 Give 5 firm back blows.



- 5 Turn baby face up and give 5 chest thrusts.
- 6 Repeat cycle of back blows and chest thrusts until object is coughed up, baby starts to cry, breathe, or cough or becomes unconscious.

