

Skills Summaries

Rescue Breathing for an Adult, Child, or Baby



CANADIAN
RED CROSS



- 1 Perform a scene survey.
- 2 Determine unresponsiveness, then open Airway.



- 3 Check Breathing and Circulation (carotid pulse for adult and child; brachial pulse for baby) for a maximum of 5 to 10 seconds.



- 4 If using a BVM, give two 1-second ventilations.

- 5 Give ventilations (1 every 5–6 seconds for adult; 1 every 3–5 seconds for child or baby).

- 6 Stop ventilations and check ABCs every 2 minutes or if there is any change in patient's condition.



Suctioning



- 1 Measure distance of insertion (earlobe to corner of mouth).



- 2 With one hand, open mouth using crossed-finger technique and insert suction tip into mouth; never lose sight of tip and hold your breath while suctioning.



- 3 While withdrawing tip, suction until airway is clear or you can no longer hold your breath.



- 4 Immediately apply supplemental oxygen after suctioning.

