

Marine Basic First Aid & CPR Course



Canadian Red Cross

Information Sheet



Includes the latest First Aid and CPR Guidelines. Meets federal and a variety of provincial and territorial regulations for Standard First Aid. Meets Transport Canada Training Program Standards in Marine First Aid (TP 13008E).

This course provides an overview of First Aid and CPR techniques with scenarios taken from the marine/fishing industry.

Duration	14–16 hours with flexible scheduling options
Instructor	Certified Red Cross First Aid Instructor
Completion	100% attendance, skills demonstration, and 75% min. passing grade at written exam
Certification	3-year certification in Marine Basic First Aid & CPR Level C, equivalent to Standard First Aid & CPR Level C, and AED*
Recertification	none available

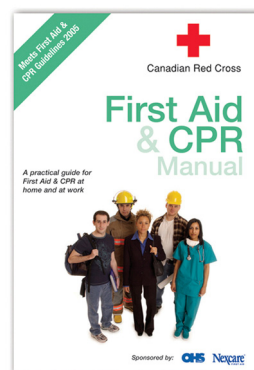
*where local legislation permits

Course content

- Assessment of needs of ill and injured persons and threats to own safety
- Appreciation of body structure and functions
- Positioning of person
- The unconscious person
- Resuscitation techniques
- Control of bleeding
- Management of shock
- Burns and scalds and injuries caused by electricity
- Rescue and transport of people
- Other topics including improvised bandages, rescue in enclosed spaces, infectious diseases and personal health and hygiene

Take-home materials

- Red Cross *First Aid & CPR Manual*
- Certification card and optional wall certificate (or as required by legislation)



4-colour manual
Participant-focused design
(charts, lists, index,
illustrations and photos)
Includes 10 quick reference cards



www.redcross.ca/firstaid | 1.877.356.3226