

First Responder Course



Canadian Red Cross

Fact Sheet



Includes the latest First Aid and CPR Guidelines. Meets federal regulations and a variety of provincial and territorial regulations for Advanced First Aid.

This course is designed to teach First Responders advanced first aid techniques for sustaining life, preventing further injuries, and caring for illnesses and injuries until the next level of medical personnel arrives.

Prerequisite	CPR Level C or Level HCP
Duration	40–44 hours with flexible scheduling options
Instructor	Certified Red Cross First Responder Instructor or Emergency Medical Responder Instructor
Completion	100% attendance, evaluation on practical situation simulation (trauma- or medical-based scenario), and 80% min. passing grade at written exam
Certification	3-year certification in First Responder, CPR Level HCP, and AED*
Recertification	20 hours; includes CPR Level HCP

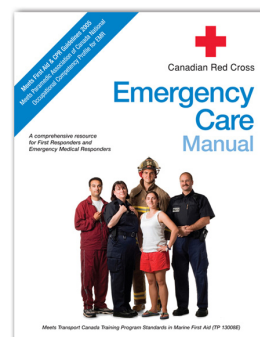
*where local legislation permits

Course content

- The responder
- The emergency scene
- Preventing disease transmission
- Human body systems
- Assessment
- Respiratory emergencies
- Airway and ventilation
- Circulatory emergencies
- Bleeding
- Shock
- Soft tissue injuries
- Musculoskeletal injuries
- Head and spine injuries
- Chest, abdominal, and pelvic injuries
- Sudden illnesses
- Poisoning
- Heat- and cold-related emergencies
- Special populations
- Childbirth
- Crisis intervention
- Reaching and moving people
- Multiple casualty incidents
- Communications and transportation

Take-home materials

- Red Cross *Emergency Care Manual*
- Certification card, badge and optional wall certificate (or as required by legislation)



4-colour manual
Content organized for progressive learning, real-life scenarios, skills summary, charts and diagrams, hundreds of photographs and illustrations

www.redcross.ca/firstaid | 1.877.356.3226

Red Cross First Aid. Prepare for life. ®