

CPR/AED Course



Canadian Red Cross

Information Sheet



Includes the latest CPR Guidelines

This course is designed to provide various levels of CPR training based on the participant's background, needs and interest. A presentation on how to use an Automated External Defibrillator (AED) as well as AED certification is also provided with the course where legislation permits.

Structure	Level A: any individual, Level B: childcare professionals, Level C: professional rescuers*, Level HCP: healthcare providers**
Duration	Level A: 4 hours, Level B: 5 hours, Level C: 6 hours, Level HCP: 6 hours
Instructor	Certified Red Cross First Aid Instructor or CPR Instructor
Completion	100% attendance and 75% min. passing grade at written exam
Certification	3-year certification in CPR Level A,B,C or HCP and AED (where local legislation permits)
Recertification	Level A & B: none available; Level C & HCP: 4 hours

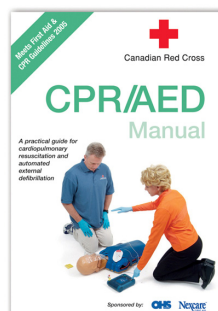
* Police, Firefighters, First Responders, Workplace First Aid Teams, and Lifeguards
 ** Physicians, Nurses, Paramedics, and Allied Healthcare Providers – RT, OT, PT

Course content

<p>Level A</p> <p>Covers skills needed to recognize and respond to cardiovascular emergencies and choking for people aged 8 and older</p> <ul style="list-style-type: none"> Adult CPR – one rescuer Adult choking Barrier devices/pocket masks AED where legislation permits 	<p>Level B</p> <p>Covers skills needed to recognize and respond to cardiovascular emergencies and choking in Adults, Children, and Babies</p> <ul style="list-style-type: none"> Adult/Child/Baby CPR – one rescuer Adult/Child/Baby choking Barrier devices/pocket masks AED where legislation permits
<p>Level C</p> <p>Covers all CPR Level B course material and includes two-rescuer Adult/Child CPR</p> <ul style="list-style-type: none"> Adult/Child/Baby CPR – one rescuer Adult/Child/Baby choking Barrier devices/pocket masks AED where legislation permits Adult/Child 2-rescuer CPR 	<p>Level HCP</p> <p>Covers all CPR Levels' course material, plus 2-person Baby CPR and use of a Bag-Valve-Mask</p> <ul style="list-style-type: none"> Adult/Child/Baby CPR – one rescuer Adult/Child/Baby choking Barrier devices/pocket masks AED Rescue breathing Adult/Child/Baby 2-rescuer CPR Bag-Valve-Masks (BVMs)

Take-home materials

- Red Cross CPR/AED Manual
- Certification card and optional wall certificate (or as required by legislation)



4-colour manual
 Participant-focused size and design
 (content presented through charts, lists, illustrations and photos)



www.redcross.ca/firstaid | 1.877.356.3226