

# CPR/AED Course



Canadian Red Cross

## Information Sheet



### Includes the latest CPR Guidelines

This course is designed to provide various levels of CPR training based on the participant's background, needs and interest. A presentation on how to use an Automated External Defibrillator (AED) as well as AED certification is also provided with the course where legislation permits.

<b>Structure</b>	Level A: any individual, Level B: childcare professionals, Level C: professional rescuers*, Level HCP: healthcare providers**
<b>Duration</b>	Level A: 4 hours, Level B: 5 hours, Level C: 6 hours, Level HCP: 6 hours
<b>Instructor</b>	Certified Red Cross First Aid Instructor or CPR Instructor
<b>Completion</b>	100% attendance and 75% min. passing grade at written exam
<b>Certification</b>	3-year certification in CPR Level A,B,C or HCP and AED (where local legislation permits)
<b>Recertification</b>	Level A & B: none available; Level C & HCP: 4 hours

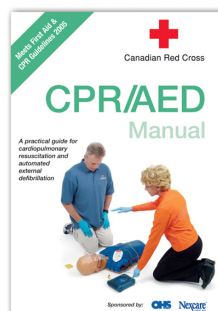
\* Police, Firefighters, First Responders, Workplace First Aid Teams, and Lifeguards  
 \*\* Physicians, Nurses, Paramedics, and Allied Healthcare Providers – RT, OT, PT

## Course content

<p><b>Level A</b></p> <p>Covers skills needed to recognize and respond to cardiovascular emergencies and choking for people aged 8 and older</p> <ul style="list-style-type: none"> <li>Adult CPR – one rescuer</li> <li>Adult choking</li> <li>Barrier devices/pocket masks</li> <li>AED where legislation permits</li> </ul>	<p><b>Level B</b></p> <p>Covers skills needed to recognize and respond to cardiovascular emergencies and choking in Adults, Children, and Babies</p> <ul style="list-style-type: none"> <li>Adult/Child/Baby CPR – one rescuer</li> <li>Adult/Child/Baby choking</li> <li>Barrier devices/pocket masks</li> <li>AED where legislation permits</li> </ul>
<p><b>Level C</b></p> <p>Covers all CPR Level B course material and includes two-rescuer Adult/Child CPR</p> <ul style="list-style-type: none"> <li>Adult/Child/Baby CPR – one rescuer</li> <li>Adult/Child/Baby choking</li> <li>Barrier devices/pocket masks</li> <li>AED where legislation permits</li> <li>Adult/Child 2-rescuer CPR</li> </ul>	<p><b>Level HCP</b></p> <p>Covers all CPR Levels' course material, plus 2-person Baby CPR and use of a Bag-Valve-Mask</p> <ul style="list-style-type: none"> <li>Adult/Child/Baby CPR – one rescuer</li> <li>Adult/Child/Baby choking</li> <li>Barrier devices/pocket masks</li> <li>AED</li> <li>Rescue breathing</li> <li>Adult/Child/Baby 2-rescuer CPR</li> <li>Bag-Valve-Masks (BVMs)</li> </ul>

## Take-home materials

- Red Cross CPR/AED Manual
- Certification card and optional wall certificate (or as required by legislation)



4-colour manual  
 Participant-focused size and design  
 (content presented through charts, lists, illustrations and photos)



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