



# Water Safety Instructor Course



Canadian Red Cross

## Fact Sheet

The Water Safety Instructor Course focuses on planning and teaching the Red Cross Swim continuum, instructional emergency response skills and instructional techniques specific to our programs. The certification issued allows candidates to teach Red Cross Swim.

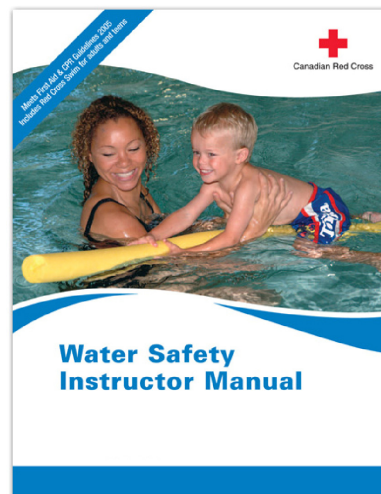
<b>Duration</b>	25 hours (+ 12 hours teaching experience)
<b>Prerequisites</b>	Candidates must be 15 years or older and certified as Red Cross Assistant Water Safety Instructors.
<b>Evaluation</b>	All course components, including the teaching experience, are evaluated against specific performance criteria on a pass/fail basis.
<b>Certification</b>	Upon successful completion, participants are certified as Water Safety Instructors, which allows them to teach Red Cross Swim programs without direct supervision.
<b>Recertification</b>	Attend a recertification workshop every two years.

### Water Safety Instructor Skills

- Effectively plans, teaches and evaluates Red Cross Swim lessons
- Uses proven progressions for stroke development and correction
- Keeps swimmers safe during lessons
- Evaluates Assistant Water Safety Instructors and Water Safety Instructor candidates for teaching experience
- Supervises Assistant Water Safety Instructors for co-teaching

### Course Material

- *Red Cross Water Safety Instructor Manual*



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