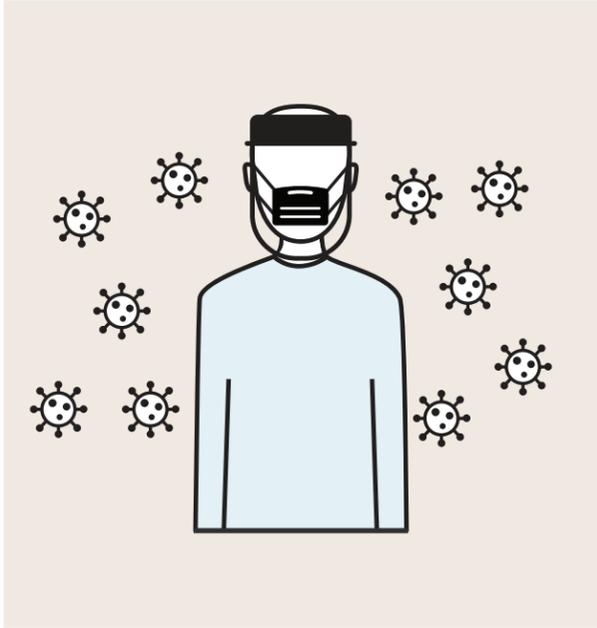


# Preventing Disease Transmission



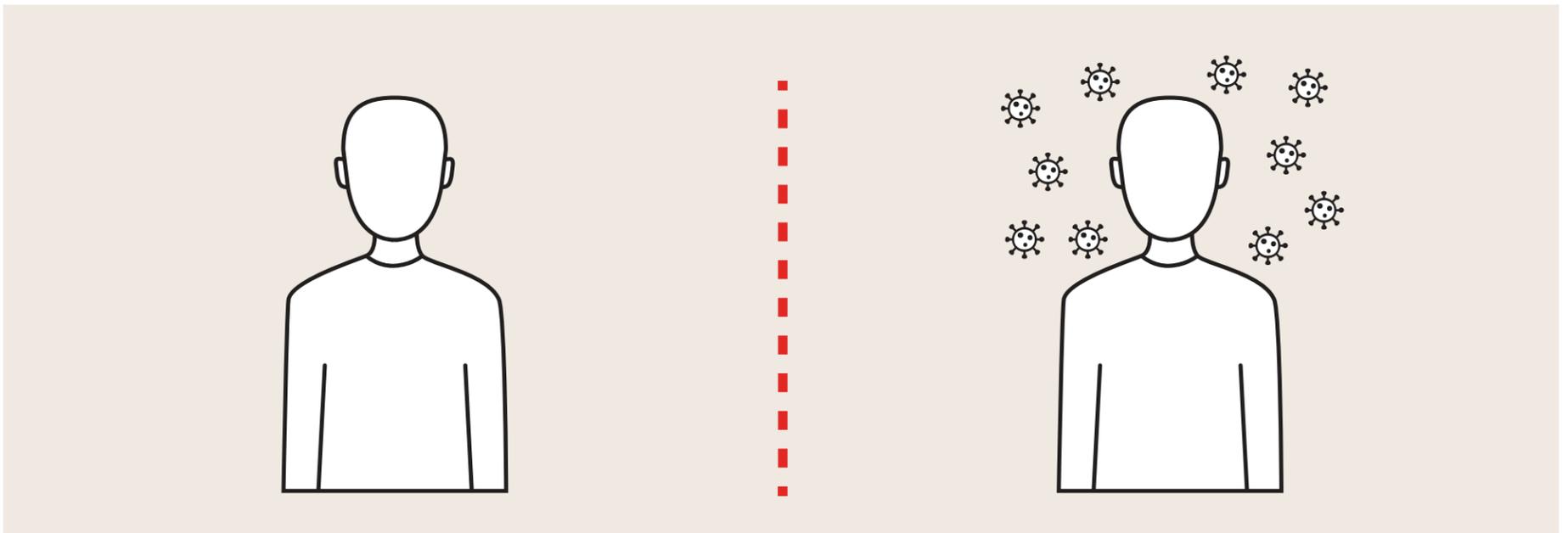
Wear PPE correctly.



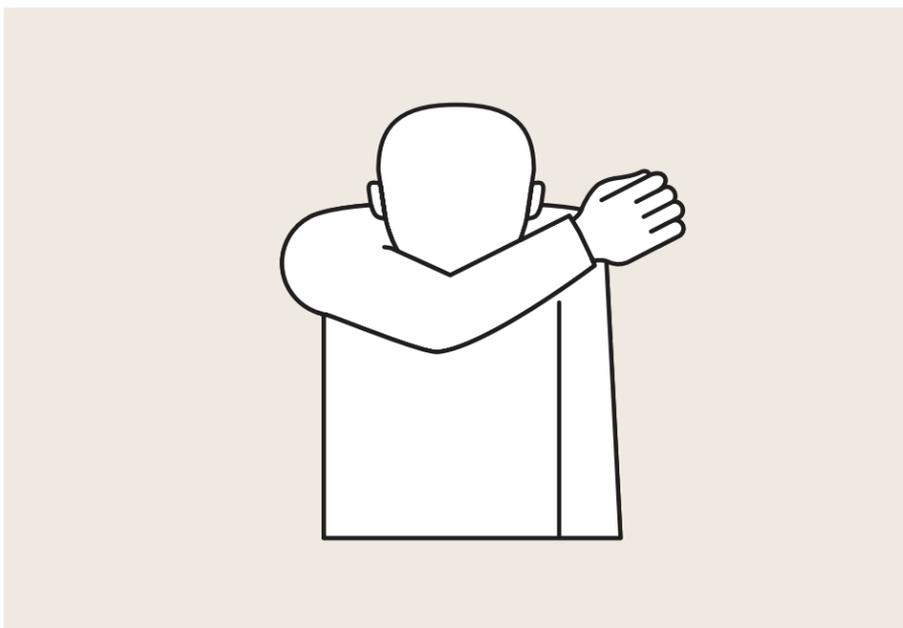
Wash your hands often.



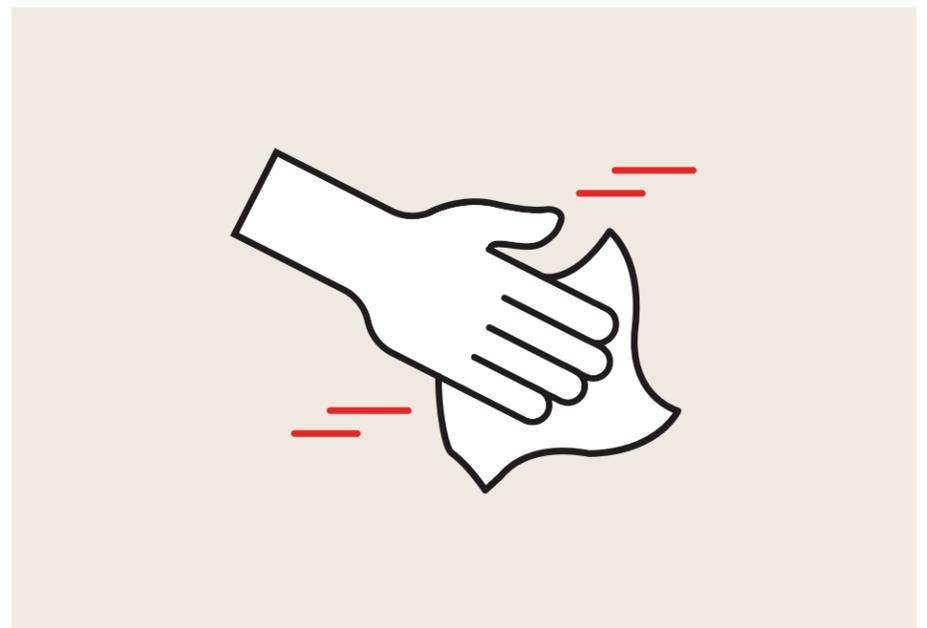
Don't touch your face.



Avoid contact with sick people.



Cough or sneeze into your elbow.



Clean surfaces regularly.

For more information, please call **1-877-356-3226**  
or e-mail us at [myrc@redcross.ca](mailto:myrc@redcross.ca)



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