



List of Items for an Emergency Shelter-in-Place Kit

Before you purchase anything, see what items you already have at home.

ESSENTIAL ITEMS					
Item		Where to find	Approximate cost	Location (in your home)	Inventory
11.	2 liters of water per person per day for 3 days, or the equivalent in bottles to fill for drinking	Dollar store Department store	\$2/ 2L bottle		☐ Have ☐ Buy
	Ready-to-eat non-perishable food for 3 days	Grocery storeDollar store	Varies based on number of people		Have Buy
	Pet food (if applicable)	Pet store Dollar store	Varies		☐ Have ☐ Buy
F	Manual can opener and utensils	Dollar storeDepartment store	\$10 to \$15		☐ Have ☐ Buy
	Flashlight with batteries	Dollar store Hardware store	\$5 to \$20		Have Buy
	Crank or battery- operated radio	Department store	\$15 to \$20		☐ Have ☐ Buy

ADDITIONAL ITEMS TO CONSIDER Where to **Approximate** Location Item **Inventory** find cost (in your home) 2 liters of water per person per Dollar store day for 3 days, Have Department \$3/2L bottle or the equivalent Buy store in bottles to fill for cooking and washing Have **Scissors** Dollar store \$5 to \$15 Buy Hardware Have **Multitool or** store \$15 to \$30 basic tools Buy Dollar store **Candles** Have Dollar store \$6 and matches Buy Grocery Have **Toilet paper** \$0.70/roll store Buy Pharmacy Hardware ☐ Have **Duct tape** store \$4 了 Buy Dollar store Department Warm blanket Have store \$20 to \$70 Outdoor or sleeping bag Buy store Water Department Have treatment \$9 to \$20 store tablets, filters Buy Pharmacy or drops Have Hardware **Plastic tarps** \$10 store Buy Grocery Have **Garbage bags** \$6 store Buy Dollar store



Regularly check the expiry dates on the food in your kit.
Check the contents of your kit every year to ensure that it is ready to use.
Don't forget to restock your kit after use!